TIAA Institute



Retirement readiness in higher ed

Advice, debt, and confidence

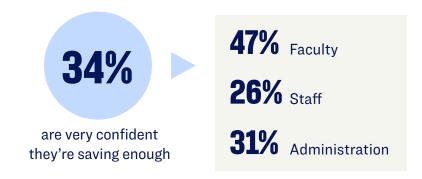
Using data from the 2024 Higher Education Workforce Survey by CUPA-HR and the TIAA Institute, this brief examines retirement readiness among full-time college and university employees—faculty, staff, and administration. The effects of advice and debt are points of focus.





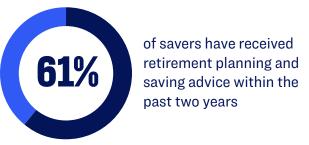
9 in 10 full-time higher ed employees are saving for retirement

AMONG SAVERS...





Advice matters for retirement readiness





74% who haven't are interested in advice



VERY CONFIDENT ABOUT HAVING ENOUGH MONEY TO LIVE COMFORTABLY THROUGHOUT RETIREMENT

40%

VS.

27%

of those who received advice

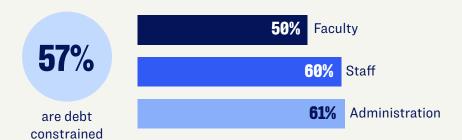
of those who have not received advice



64% of those who followed all the advice

Debt is an issue as more than half are debt constrained

80% of higher ed employees carry debt



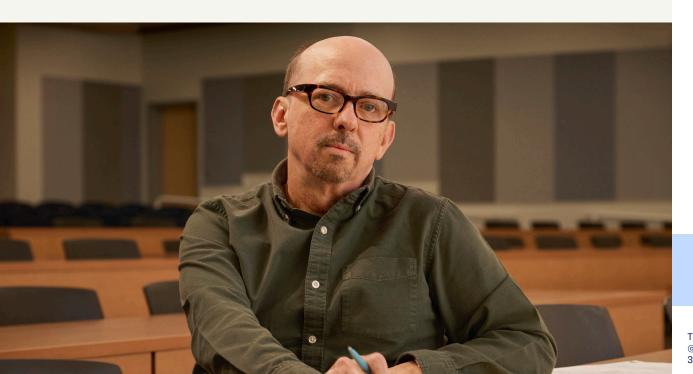


23% have outstanding student loans



83%

of those with student loan debt are debt constrained





Debt holds back retirement confidence

Not confident about having enough money to live comfortably throughout retirement



of those significantly debt constrained



of those with no debt Not confident that they're saving enough



of savers significantly debt constrained



of savers with no debt



To learn more about retirement readiness in higher ed, visit the <u>TIAA Institute</u> website to read the full report.