



QUESTIONS? For account information, to check the status of your request or any other questions, **call: 800 842-2252**, Monday - Friday, 8 AM - 10 PM, Saturday, 9 AM - 6 PM, OR visit **tiaa-cref.org 24 hours daily**. Have your user ID and password ready.

We will notify you of the rollover amount after we receive your completed forms. To avoid delays, be sure to complete all sections.

PLEASE NOTE: A rollover from your TIAA Traditional Account may not be available. If you want to make a rollover from your TIAA Traditional Account, please call us. There are different rules for a rollover from a TIAA Traditional Account that require completing separate forms. Please call us for your options at **800 842-2252**.

Federal or state taxes may apply for rollovers.

If you are paying off a loan (it is a taxable event), you must complete a cash withdrawal form before completing this rollover form.

Electronic Fund Transfers are not available for direct rollovers. We will send a check to the financial institution that you have designated on this rollover form.

Your account will be valued as of the date we receive this form in good order.

If this plan is subject to ERISA, the spousal waiver section is only valid for 180 days from the date the Notary Public validates it. The signature on the rollover form is valid for 365 days.

NOTE: If your rollover includes Roth 403(b)/401(k) contributions, they may be rolled over to another Roth 403(b)/401(k) that will accept them. They may also be rolled over to a Roth IRA.

Required Minimum Distribution (RMD): If you will be 70½ or older in this calendar year and you are separated from service, then the IRS requires that you receive your Required Minimum Distribution (RMD) amount prior to any rollover amount you request. If you have already satisfied your RMD for this calendar year, then you can continue with this rollover request. If you have not satisfied your RMD for this calendar year and you submit these rollover forms, then TIAA-CREF will pay your RMD amount for this calendar year prior to this rollover. TIAA-CREF will calculate your RMD amount using the IRS Uniform Life Expectancy table. Once the RMD amount is calculated, TIAA-CREF will pay this RMD amount out proportionately across all of your available funds. TIAA-CREF will send the RMD check to your address of record, withholding 10% for federal taxes and any applicable state taxes. If you want different options or if this RMD amount increases your withdrawal amount and you are married, then TIAA-CREF cannot process this rollover request. You will need to call TIAA-CREF at 800 842-2252, Monday – Friday, 8 AM – 10 PM, Saturday, 9 AM – 6 PM OR visit tiaa-cref.org 24 hours daily to request cash forms to have your RMD amount satisfied, and then you will need to submit a new set of rollover forms to TIAA-CREF.

NOTE: If this is a 403(b) plan and you have already satisfied your RMD for this calendar year with another 403(b) carrier, then you can attest to this in Step ONE and continue with your rollover request.







QUESTIONS? For account information, to check the status of your request or any other questions, **call: 800 842-2252**, Monday - Friday, 8 AM - 10 PM ET, Saturday, 9 AM - 6 PM ET, OR visit **tiaa-cref.org 24 hours daily**. Have your user ID and password ready.

QUALIFIED JOINT AND SURVIVOR ANNUITY NOTICE

For those participants whose account balance is subject to survivor annuity (spousal consent) requirements, the Plan provides that, unless you elect otherwise, your account balance will be used to purchase an annuity contract from an insurance company (here, Teachers Insurance and Annuity Association of America) and accordingly be paid in the form of a Qualified Joint and Survivor Annuity ("QJSA") if you are married, or in the form of a single life annuity if you are not married.

If you are married, a QJSA provides you with a monthly income for life, and upon your death, a monthly income during your spouse's life equal to at least 75% of the monthly payment you received prior to your death. Because your spouse will receive at least 50% survivor payment, the QJSA reduces the monthly payments you would otherwise receive, had you been eligible to receive payments in the form of a single life annuity. Your monthly payments will depend upon the amount of your account balance, current annuity rates and the age of you and your spouse. You may request additional information relating to the amount of your monthly payments under the available optional forms of payment. If you are unmarried when your benefit payments begin, you will receive your benefit in the form of a single life annuity (a monthly annuity for life), unless you elect another form of benefit. You may elect in writing to decline the QJSA form of payment (or a single life annuity form of payment if you are single) in favor of any other optional form of payment available under the Plan. If you waive the QJSA, however, your spouse must consent to the waiver in writing before a Plan representative or notary public. You may revoke this election before your benefits begin. In addition to any other available optional form of payment, if you are married you may elect a Qualified Optional Survivor Annuity ("QOSA"). If the QJSA under your Plan provides a survivor annuity of less than 75%, the QOSA will provide a monthly income during your spouse's life equal to 75% of the monthly payment you received prior to your death. Consult your Plan Administrator for more information on the forms of payment available to you under the Plan.

A hypothetical illustration of the financial effect of payment under the annuity options available under the plan (Form 11303) should accompany this form. Contact TIAA-CREF if you have not received a copy of Form 11303. You may elect to decline the QJSA during the period beginning at least 7 days, but no more than 180 days before your benefit commencement date and ending on such benefit commencement date. If, however, you ask the Plan Administrator to provide specific information on the financial effect of accepting or declining the QJSA, the 180-day period will not be treated as having begun until the Plan Administrator provides the information you requested. Your election may not be changed after the benefit commencement date. If you waive the QJSA with your spouse's consent, your benefits will be distributed in one of the optional methods you elect on this form. You should consult your Plan Administrator for a detailed explanation of the forms of benefit available to you.

If you make an election to waive the QJSA with spousal consent and later revoke the election (before your benefit commencement date) or if you marry a new spouse before payment of your benefits commence, your benefit will once again become payable in the form of a QJSA, if you are married. If you later decide that you wish to again elect to waive the QJSA form of payment, you must again secure spousal consent to the new election. You may request specific information on the financial effect of accepting or waiving the QJSA form of benefit by contacting the Plan Administrator.

It is important that you understand your rights and obligations regarding the Qualified Joint and Survivor Annuity form of payment and any alternate form of payment. Please read the Special Tax Notice Regarding Plan Payments. You should direct any questions to the Plan Administrator.





PLEASE PRINT IN ALL CAPITAL LETTERS USING BLACK OR DARK BLUE INK.

STEP	Name			
ONE	Namo	first	middle initia	l last
PERSONAL Information	State of Legal	Residence	le US, write in coun	Citizenship
If you claim residence AND citizenship outside the U.S., you must complete Form W-8BEN in addition to this form to certify your foreign tax status. To print this form, go to www.tiaa-cref.org/forms, and see General Tax Forms. For questions call TIAA-CREF at 800 842-2252.	SSN or TIN TIAA # CREF #	X X X X		NOTE: You can use either your TIAA number OR your CREF number. DO NOT USE DASHES.
CONTRACT/ CERTIFICATE This information is required in order to process your request.	Plan Name			
PLAN INFORMATION The Plan and Sub Plan numbers should have been provided to you. If you do not have them, please contact us at 800 842-2252.	Plan # Was this cor	ntract issued as a re	Sub Pla	
NOTE: Satisfied means that you have already received your Required Minimum Distribution (RMD) check and have cashed it.	service, plea Distribution (have already	ase go to the precedi (RMD) section. If thi	ing page and read is rollover is comino of for this calendar y	you are separated from the Required Minimum g out of a 403(b) plan and you rear from another alternate o Step Two.
		at I have already sa om another 403(b) c		Required Minimum Distribution ndar year.

Go to STEP TWO.





STEP TWO ROLLOVER AMOUNT	OPTION 1: Roll over entire amount available. If I have T accumulations in an RA, GRA or RC contract Small-Sum Transfer, I authorize the transfer accumulation into the CREF Money Market at this rollover. For internal TIAA-CREF rollovers, check in Go to STEP FOUR. For another investment company, check in Go to STEP SEVEN.	ct that qualify for a of any eligible account for the pu nere and	
PLEASE NOTE: Rollover	OPTION 2: Roll over only a portion of account balance a	as indicated below	٧.
amount will be based on the value of your	Check here and go to STEP THREE. INCLUDE ROTH EXCLUDE	ROTH	
investments on the day that your forms are	AFTER-TAX MONIES		
received in good order.	YES, include in my rollover.		
NOTE: If this plan is subject to ERISA, the	NO, do not include in my rollover. TIAA-CREF will send	you a check.	
spousal waiver section is only valid for 180 days. The future date	If you do not want these monies rolled over immediately, please specify TIAA-CREF to process your request.	y a future date for	
cannot be later than the notarized spousal waiver	FUTURE DATE: Please rollover the funds on:	mana (al al /r m m m	
		mm/dd/yyyy	
date.	OPTION 3: Systematic Withdrawal		
	OPTION 3: Systematic Withdrawal Check here, provide detail in STEP FIVE. Complete Section 3 only if you want your rollover taken from specific fu	unds. Otherwise yo	ur rollove
STEP THREE EXISTING INVESTMENTS	Check here, provide detail in STEP FIVE. Complete Section 3 only if you want your rollover taken from specific further will be taken proportionately from all of your funds. IMPORTANT NOTE the Custom Portfolio Service and you choose specific funds, your accorrebalanced using your Customer Portfolio Service instructions on file. Indicate either the dollar amount OR percentage from experience.	E: If you are curren bunt will be subseque ach account/fu	tly using uently
STEP THREE EXISTING	Check here, provide detail in STEP FIVE. Complete Section 3 only if you want your rollover taken from specific fu will be taken proportionately from all of your funds. IMPORTANT NOTE the Custom Portfolio Service and you choose specific funds, your accorebalanced using your Customer Portfolio Service instructions on file. Indicate either the dollar amount OR percentage from example. Rollover Amount	E: If you are current bunt will be subseque each account/fu Po Fu	tly using uently und. ercent of nd Value
STEP THREE EXISTING INVESTMENTS Investment Account/	Check here, provide detail in STEP FIVE. Complete Section 3 only if you want your rollover taken from specific further will be taken proportionately from all of your funds. IMPORTANT NOTE the Custom Portfolio Service and you choose specific funds, your accorrebalanced using your Customer Portfolio Service instructions on file. Indicate either the dollar amount OR percentage from expectations of the service in the percentage from the service in the se	E: If you are current bunt will be subseque each account/fu Po Fu	und. ercent of nd Value
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STEP THREE EXISTING INVESTMENTS Investment Account/	Check here, provide detail in STEP FIVE. Complete Section 3 only if you want your rollover taken from specific further will be taken proportionately from all of your funds. IMPORTANT NOTE the Custom Portfolio Service and you choose specific funds, your accorrebalanced using your Customer Portfolio Service instructions on file. Indicate either the dollar amount OR percentage from experience in the percentage from the service in the service i	E: If you are current ount will be subsequent will be subsequent of account of the subsequent	und. ercent of nd Value umbers. %
STEP THREE EXISTING INVESTMENTS Investment Account/	Check here, provide detail in STEP FIVE. Complete Section 3 only if you want your rollover taken from specific further will be taken proportionately from all of your funds. IMPORTANT NOTE the Custom Portfolio Service and you choose specific funds, your accorrebalanced using your Customer Portfolio Service instructions on file. Indicate either the dollar amount OR percentage from expectations on the service in the percentage from the service in the se	E: If you are current bunt will be subsequent will be subsequent will be subsequent for the subsequent for t	und. ercent of nd Value umbers. %



For another investment company, Go to STEP SEVEN.



STEP FOUR ALLOCATION FOR ROLLOVERS TO A DIFFERENT FIAA-CREF ACCOUNT	rolled over to a money rolled over to a money rolled ALLOCATIONS ON FIL currently using the TIAA allocation on file for you funds will be reallocated account is rebalanced. DIFFERENT ALLOCAT NOTE: If no selection is made your funds.	LE (of the receiving plan). IMPA-CREF Custom Portfolio Servar rollover. If you choose your of to your current allocation on CIONS - provide detail below. de, your rollover will be taken	PORTANT - If you are vice, please use you own allocation, the file the next time you proportionately from	re r ur n all of
mvestment Account/	icate either the dollar amo	Rollover		<i>l.</i> ercent of
und Name		Amount	Fu	nd Value
		Amounts OR percentages	MUST be whole no	ımbers.
		<u>\$</u>	OR	%
		\$	OR	%
		_	OR	
		<u>\$</u>	OR	%
		<u>\$</u>	OR	%
		<u> </u>	OR	%
		<u></u> \$	OR	%
	Go to STEP FIVE.			
STEP	If you are NOT reques	ting systematic withdrawals	, skip to STEP SIX	
FIVE Systematic	How often do you want	to receive withdrawals: <i>(check</i> ARTERLY SEMIANNUA		LLY
WITHDRAWALS Your last payment may be	Your payments will cont funds.	tinue as above until there are	no monies in desigr	ated
ess than your requested amount. The last payment amount will be the balance eft in your account at the	Transfer Payout Annuity	tart receiving withdrawals? If y y (TPA), you may choose any may choose any date from th	date from the 5th to	
time that the last payment transaction occurs.	Start Date			
		mm/dd/yyy	/	
	You can stop recurring	g payments at any time by c	alling 800 842-225	2.
	Stop Date	mm/dd/yyy		
		,, y y y j	7	

Go to STEP SIX.





STEP SIX	OPTION 1: My existing Check he	ng employer's plan. re and complete below.
ROLLOVERS TO AN EXISTING	TIAA #	CREF #
TIAA-CREF ACCOUNT	Plan Name	
	Plan #	Sub Plan #
PLAN INFORMATION	OPTION 2: My existing	ng Roth or Traditional IRA #
The Plan and Sub Plan numbers should have been provided to you. If you do not have them, please contact us at 800 842-2252.	OPTION 3: A new Ro Check he	oth or Traditional IRA re and attach enrollment form (call 800 842-2252 for form).
	OPTION 4: Another	Tax-Deferred TIAA-CREF account #
		directly to a Roth IRA, go to STEP EIGHT.
		over to a Roth IRA, go to STEP NINE.
STEP	Select all that apply: OPTION 1: Traditional	SI IRΔ
SEVEN	OPTION 2: Roth IRA	
ROLLOVER TO ANOTHER INVESTMENT	OPTION 3: Other pla	
COMPANY The investment	For all above options, please p	provide investment company contact information here.
company receiving your rollover can assist with completing the	Investment Company N	ame
information at the right.	Address	
INVESTMENT	City	State Zip
COMPANY CONTACT INFORMATION	Contact Phone #	
	Account #	

Go to STEP EIGHT.





STEP EIGHT

ROTH IRA ROLLOVERS

If you do not make a selection, 20% will be withheld for federal taxes.

on your pretax amount.
Provide federal tax withholding options below:
NO
YES, what percentage?%
Go to STEP NINE.

Regardless if you are rolling over to a Roth IRA at TIAA-CREF or at another investment company, you may owe federal taxes and any applicable state taxes

STEP NINE

YOUR SIGNATURE

Please sign your full legal name with suffix, if applicable, using black or dark blue ink. Digital signatures are not accepted.

By signing below: You authorize TIAA-CREF to make withdrawals from your account balances with TIAA-CREF, as stated in this form.

If you make a direct rollover into another employer's plan, you understand your right to receive a distribution of these funds will be determined by the plan that is accepting the rollover and the funds in which your direct rollover are invested. You further understand that if you make a direct rollover to another employer's plan that is subject to the Employee Retirement Income Security Act of 1974 (ERISA), spousal rights will apply to these funds and you may need a signed waiver from your spouse in order to receive a subsequent distribution of these funds.

By signing this form, I certify that within no fewer than 7 days or more than 180 days I have received a notice describing the tax consequences of my distribution options, the Qualified Joint and Survivor Annuity Notice attached to this form, and information regarding the financial effect of the optional forms of benefit available to me under the plan. By making this election, I am waiving my right to receive my benefit in the form of an annuity or the Qualified Joint and Survivor Annuity, if married. I am aware that I may have the right under the Plan to defer distribution until I attain age 70½ (or such earlier deferred date as the Plan may provide). I am aware that the Internal Revenue Service recommends that I take 30 days to consider my distribution options; however, by returning this signed form prior to the expiration of the 30-day period, I hereby waive the 30-day waiting period. Further, I certify that no portion of the benefits to which I am entitled from the Plan is subject to a qualified domestic relations order which would affect the payment of any benefits from the Plan. I hereby authorize the distribution of funds from my account balance under the Plan according to the directions set forth in this form. I understand that there may be penalties and/or taxes with my election.

Under penalties of perjury, I certify that: (1) The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and (2) I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and (3) I am a U.S. citizen or other U.S. person; and (4) The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. For contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. Item 4 reproduces the wording in the official Form W-9, but does not apply to you with respect to any intended use of this Form. Please disregard item 4 when completing this Form.

The Internal Revenue Service does not require your consent to any provision of this document other than the certifications required to avoid backup withholding.

	document other than the certifications required to avoid	backup withholding.
	Your Signature	
√ &∋		
	Today's Date / 20	
	Go to STEP TEN.	PROGRAMA



STEP TEN

NOTE: If you are unmarried, ONLY complete Part A. If you are married, your spouse will ONLY need to complete Part B.

SPOUSE'S WAIVER

PART A - UNMARRIED	I am not married AND no longer work for the employer that contributed to t plan. Check here and complete information below.	his
DETERMINATION	Participant's Name (please print)	
NOTE: If you are not married and are	→ Participant's Signature	
separated from employment, you are able to self-certify. Self-certification means	Today's Date / 2 0	
that you do not need a Plan Representative signature. You only need to include your	Go to STEP ELEVEN.	
signature on the completed form and return it to	OR	
TIAA-CREF.	I am not married and I am currently working for the employer that contribut this plan. Please sign below in presence of the Plan Representative.	ed to
	I certify that I am not married.	
	Participant's Name (please print)	
	→ Participant's Signature	
	Today's Date / 2 0	
PLAN REPRESENTATIVE	By signing, you are attesting that the participant is not married.	
ATTESTATION (S	Plan Representative's Signature	
	Today's Date / 20	
	Plan Representative's Name (please print)	<i></i>
NOTE: If you are still working for the employer that	Title	
contributed to this plan, the Plan Representative must attest that you're	Name of Employer	
not married by completing this section.	Telephone Number	

Go to STEP ELEVEN.

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SPOUSE'S WAIVER

PART B -SPOUSE'S WAIVER OF SURVIVOR BENEFITS

I hereby consent to the election by my spouse to waive the Qualified Joint and Survivor Annuity, and to the election of the optional form of distribution indicated above. I hereby acknowledge that I understand the effect of such election not to have benefits under the Plan paid in the form of a Qualified Joint and Survivor Annuity. I further acknowledge that I understand that the effect of my consent may be to forfeit benefits I would be entitled to receive upon my spouse's death and that my spouse's waiver is not valid unless I consent to it. I understand that my consent is irrevocable unless my spouse revokes the waiver. I understand that I do not have to sign this agreement. I understand that if I do not sign this agreement, my spouse's benefit will be payable in the form a Qualified Joint and Survivor Annuity as described in the attached Qualified Joint Annuity Notice.

Remember, spouse must sign and date this waiver on or after the participant has signed the distribution form.

By signing I agree that the amount to be distributed will not be available as a Joint and Survivor Annuity

Your spouse must sign in front of a Notary Public, or the contributing employer's Plan Representative, within 180 days before the effective date of your requested payment.

NOTARY PUBLIC APPROVAL

The spouse's name must be printed exactly as it appears.

Survivor Armany.		
Spouse's Name (please print)	irst	last
Spouse's Signature		
Today's Date / 20		
Spouse's Name (please print) first	las	t
State County		
Expiration Date // / 2 0 On the date provided below the subscriber k and who executed the foregoing instrument executed the same. Notary Public's Name (please print)		
Hotaly I ublic 3 Name (please plint)	first	last
Notary Public's Signature		
Today's Date / / 2 0		
Valid federal or state ID.	In this space, the Notary Public r notarial number and the date the Provide the notarial seal if outsid	appointment expires.

FOR NOTARY IN MASSACHUSETTS ONLY

Indicate the type of identification:

OR

By signing, you are certifying you witnessed the spouse's signature.

PLAN REPRESENTATIVE **CERTIFICATION**

Please contact your benefits office to complete the Plan Representative Certification instead of a Notary Public Certification.

Plan Representative's Signature Today's Date Plan Representative's Name (please print) last Title Name of Employer

Telephone Number

Go to STEP ELEVEN.

Testimony of a credible witness.

Personal knowledge of the subscriber.





STEP ELEVEN

ADDITIONAL INFORMATION

If you answer yes to any of the options, then an Employer Authorization is required by the employer that contributed to your plan for TIAA-CREF to process your request. Please check the appropriate boxes.

*If your plan has a vesting schedule, then the plan representative **MUST** confirm your vesting status, provided that the plan representative has not already provided this information prior to this request.

PLEASE NOTE: If this section is not completed and, if it is a requirement for your plan, TIAA-CREF will not be able to process your rollover request.

STEP

APPROVAL

PLAN

TWELVE

REPRESENTATIVE

	 Do you qualify for this withdrawal based on the Heart Ac of 2008 Legislation? (being a qualified reservist called to active duty for at least 180 days?) 	
	If YES, provide date of leave	000/
	2. Are you separated from service?	YES NO
	3. Are you requesting an in-service withdrawal?	☐ YES ☐ NO
r	If this in-service withdrawal is related to an Employer Authorized Phased Retirement Program, please check this box.	
	Are you currently disabled? (Proof of disability must be provided in order to process your request.)	☐ YES ☐ NO
	If YES, provide date of disability	
	5. Other	/ууу
	J. Other	
	My vested account balance available as a cash withdraw with my retirement plan provision is:	
	□ 0%* □ 20%* □ 40%* □ 60%* □ 100%* O	R%*
	By the employer signing this form, the nonvested account forfeited and the vested account balance will be available	nt balance will be e to the participant.
	By signing, you are approving this request.	
	Date of Separation of Service	0.007
	mm/dd/	уууу
	Plan Representative's Signature	
	Today's Date / 20	
	Plan Representative's Name (please print)	
	, w	
	Title	

Go to STEP THIRTEEN.





PLEASE RETURN COMPLETED FORMS PACKAGE TO:

Please Note: Include ALL documents in ONE package.

FAX: STANDARD M. 800 914-8922 (within U.S.) TIAA-CREF 704 988-7653 (outside U.S.) P.O. Box 1268

STANDARD MAIL: TIAA-CREF P.O. Box 1268 Charlotte, NC 28201-1268 OVERNIGHT: TIAA-CREF 8500 Andrew Carnegie Blvd. Charlotte, NC 28262

SEND US YOUR FORM ONLINE:

- Log in to your account at tiaa-cref.org, and click on the "Manage My Portfolio" tab.
- Select "Upload Documents" from the menu, and follow the instructions to upload your completed form.

CHECKLIST	Complete all necessary personal information and indicate how much you want to roll over by account or fund. (STEPS ONE, TWO & THREE)
	Make sure if you are completing STEP SEVEN that your new investment company information is complete.
	Remember to sign this form. (STEP NINE)
	Remember, spouse must sign and date the spousal waiver on or after the participant has signed the distribution form. (STEP TEN)
	The employer who contributed to the plan you are making the rollover from must provide the date you separated from service. (STEP TWELVE)
	If you are disabled, remember to provide proof of disability with this form.

FRAUD WARNING

FOR YOUR PROTECTION, WE PROVIDE THIS NOTICE / WARNING REQUIRED BY MANY STATES

This notice/warning does not apply in New York.

Any person who, knowingly and with intent to defraud any insurance company or other person, files an application for insurance or a statement of claim for insurance benefits containing materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime and may be subject to criminal penalties, including confinement in prison, and civil penalties. Such action may entitle the insurance company to deny or void coverage or benefits.

Colorado residents, please note: Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

Virginia and Washington, DC residents, please note: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

